



Daily Items 2023-2024



		Bagel with Butter \$ 2.50 Bagel with Cream Cheese \$ 3.50
		Grilled Hamburger \$ 4.50 Cheeseburger \$ 5.25 Crispy Chicken Burger \$ 5.50 Chicken Nuggets with Sauce \$ 4.00 Hand Made Oven Roasted Fries \$ 3.50 Baked Popcorn Chicken with Sauce \$ 4.00 Baked Fries \$ 3.50 Gravy \$ 0.50
		Grilled Cheese Sandwich \$ 4.50 <i>Chicken Caesar Wrap</i> \$ 6.25 Chicken Snack Wrap \$ 4.25
		Caesar Salad - 12oz \$ 4.00 Fruit Salad \$ 3.00
		Pizza Slice \$ 4.50 Garlic Fingers \$ 5.00 Panzarotti \$ 6.25

		Veggies and Dip with Ranch \$ Cheese, Grapes and Crackers \$3.25 \$4.25
		Fresh Grapes (2oz) \$ 3.00 Carrot & Celery stix with dip \$ 2.25
		Small Milk \$0.65 Small Chocolate Milk \$0.65 500ml Water Nestle \$ 2.00 Can Juice \$ 2.25 Sparkling Can Water \$ 2.25
		1oz Cookie \$1.00 Fresh Baked Muffin \$ 2.00 Reduced Fat Banana Loaf \$ 2.00 Cinnamon Buns \$ 2.00 Squares \$2.00



2023-2024



CHEF'S TABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Chicken Snack Wrap & Garden Salad served with fruit & choice of milk or juice \$6.25	Spaghetti with Meat Sauce & Caesar Salad served with fruit & choice of milk or juice \$6.25	Chicken & Cheese Quesadilla with Mexican Rice served with fruit & choice of milk or juice \$6.25	Beef, Tomato, Macaroni Casserole with Garlic Bread Stick served with fruit & choice of milk or juice \$6.25	BBQ Chicken Drumstick, Mashed Potato & Veggie served with fruit & choice of milk or juice \$6.25
WEEK 2	Hamburger & Roasted Potato Wedges served with fruit & choice of milk or juice \$6.25	Grilled Cheese Sandwich & Chicken Noodle Soup served with fruit & choice of milk or juice \$6.25	Classic Lasagna & Caesar Salad served with fruit & choice of milk or juice \$6.25	Shepherds Pie Bowl with Steamed Veggie served with fruit & choice of milk or juice \$6.25	Sweet & Sour Chicken with Stirfried Veggies & Rice served with fruit & choice of milk or juice \$6.25
Daily Alternate Meal Week 1 and 2	Mac 'n Cheese with Veggies & Dip served with fruit & choice of milk or juice \$6.25	Soft Beef Taco with Mexican Rice served with fruit & choice of milk or juice \$6.25	Cheese Pizza Slice with Veggies served with fruit & choice of milk or juice \$6.25	Chicken Fingers, Potato Wedges and Veggies & Dip served with fruit & choice of milk or juice \$6.25	Pancakes with Grilled Ham & Syrup served with fruit & choice of milk or juice \$6.25
WEEK 1 DATES					
September 6-8	December 12 - 16	March 20 - 24	September 11 - 15	December 19 - 23	March 27 - 31
September 19 - 22	December 26 - 30	April 3-7	September 26 - 30	January 2 - 6	April 10 - 14
October 3 - 7	January 9 - 13	April 17-21	October 10 - 14	January 16 - 20	April 24-28
October 17 - 21	January 23-27	May 1 - 5	October 24 - 28	January 30 - February 3	May 8 - 12
October 31 - Nov 4	February 6 - 10	May 15 - 19	November 7 - 11	February 13 - 17	May 22 - 26
November 14 - 18	February 20 - 24	May 29 - June 2	November 21 - 25	February 27 - March 3	June 5 - 9
Nov 28 - Dec 2	March 6 - 10	June 12 - 16	December 5 - 9	March 13 - 17	June 19 - 23
WEEK 2 DATES					